



Crafting Your Legacy

1. Your Current Legacy

Imagine that you've just been involved in a tragic accident and have had to leave this world with no thought or preparation.

Free from your body, you visit several people who have been a part of your life—some are people with whom you have close relationships and others are not as close to you.

Ponder what they might reflect on when they hear about your death. What would be the sum of their knowledge, thoughts, feelings, and experiences of you?

How do you think these people would describe the type of person you were—when you died on this day? Be as honest as possible in your assessment.

2. The Legacy You Want

Imagine you are attending your own funeral. Think about the stories, comments, or sentiments you would want to hear from the people you know.

Try to see yourself from the lens of your significant other, your children, your best friend, your neighbor, your cousin, a coworker, or somebody you didn't know well but for whom you somehow made a difference in his or her life.

Your personal legacy is what you leave behind in life.

1. Your Current Legacy

DIRECTIONS: Choose at least five people in your life and, in the boxes below, write what you think each person would say about you.

2. The Legacy You Want

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