


Defining Your Missions



“Everyone has his own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfillment. Therein he cannot be replaced, nor can his life be repeated, thus, everyone’s task is unique as his specific opportunity to implement it.” — Viktor E. Frankl

Your greatest objectives in your personal and professional life—your missions—are the broad strokes that frame your masterpiece.

Your Missions this _____ (year, decade, lifetime):

DIRECTIONS: Before you draft a vision, it's helpful to draft several missions. Your missions are grand goals and objectives. Think of painting in broad brushstrokes—for this year, decade—or the rest of your life. In the spaces below, write your most important life missions or your missions for more near time objectives.

My spiritual mission is to:

My family mission is to:

My professional mission is to:

My health and wellness mission is to:

My social mission is to:

My service mission is to:

Your Missions this _____ (year, decade, lifetime):

My _____ mission is to:

My _____ mission is to:

My _____ mission is to:

My _____ mission is to:

My _____ mission is to:

My _____ mission is to: