

Building Technical Mastery

To excel in your work or craft, your technical knowledge and skills should be developed in tandem to your study and practice of flow and peak performance strategies and techniques.

For this exercise, let's identify and capture all of the very best sources of knowledge and resources you can tap into and utilize to support your long-term technical mastery of your craft.

When building these lists think critically. Make sure these are your go-to resources for your ongoing technical learning and development.

Who are the world's foremost leaders in your field?

Name:	Where are they located?	Email and/or phone #:

What universities, think tanks, or research institutions are leading your field?

Name:	Website:

What associations would get you to your go-to network?

Name:	Website:

What are the best technical/professional journals in your field?

Name:	Website:

What are the best technical/professional conferences in your field?

Name:	Website:	Date of next conference:

What digital communities would be of value to join?

Name:	Website:

What are the top 5-10 books in your field you need to have in your library?

What are the three most valuable technical skills that would make the biggest difference to your career right now?

Other valuable resources:

Source:	Website:	Purpose:

Consider setting aside a certain amount of time each day and week to grow your technical skills. Maintain these lists and utilize each of them to advance your technical knowledge, skills, and networks.

“Everyone should build their network before they need it”

— Dave Delaney